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Samaritan Counseling Center
 of North Puget Sound
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Dear SAM....

"Annual Report"
 by John A Ortmeier, Ph.D.

Dear SAM

It's a New Year, How did the Samaritan Center Do in 2009?

Scriptures say clearly where to store our treasures. Not on earth will we find things, which make our lives fulfilling. Rather in our relationship to God and creation, and that means with each other. Treasure really happens, between people and within each of us.

The events in recent days and over the past years also remind us how easily what is gathered can be lost to rust, thieves and natural disasters. Emotional and spiritual hungers are often misplaced in things, or addictions, rather than in meaningful connections. Meaningful connections can be simple or complex, as seen from a psychology or spiritual perspective. Languages that each person uses are very complex, verbal and nonverbal processes. And, somewhere in the connection when people stay in relationship, it is good enough. Not perfect, but good enough. That is, when good enough relationships last. Treasures.....**where do you** (want to) **store yours?**

At Samaritan we have reached a new milestone in the gradual increase in services from 2002 to the present, as we have closed in on 7000 hours of service in 2010, to individuals, families, and couples. This is a form of treasure, to me. The work and privilege of witnessing these stories is far from perfect, but a never ending treasure, as people find and name resources--some obvious and some hidden. Wisdom, becomes visible, as skills that have been building over the years become known. As people find new ways to connect and enjoy their own lives, the lives of those with whom they live, get much richer. (Samaritan statistics related to these healing events are attached to this paper. The stories are not there, but some idea about the where, why and how, appear.)

Our board under the able leadership of the Rev. Judy Schultz, is picking up fund raising, And, reaching out to the communities where we serve. There will be a greater sharing of our vision. We are well blessed with board members who have served long periods, some have returned for a second period of service after a time off.

Thank you Diane Sandvick, and Marilyn Minch. We have some new members who bring different gifts and skills, welcome Clark Cannon and Dick Irwin. We have been blessed over the years with informal behind the scenes help from Carl Knappe, and now he is on the board.

With our sadness and joy, Sharon March retired. We are now 11 therapists. The complexity of issues that our office staff deals with, grows as each staff member develops client case loads to sustain their living. We continue to monitor quality of staff presence with clients, and this year we have our triennial Site Visit from Samaritan Institute of Denver, CO. We look forward to Bill Wright helping us with our self-evaluation, exploration and visioning. Dr. Ann Uherek with help began our Fast ForWord Reading program, with a summer program coordinated with Snohomish Presbyterian Church that went 8 weeks. It's likely a repeat this summer. Finally, we are blessed with the continuing gift of time from Jon Berner, M.D. who meets regularly with our staff in healing conversations and education.

Continued on Page 2

Continued on next page

In this Issue

- "Annual Report" Director, John A Ortmeier, Ph.D.
- Staff News
- Board News
- Program Announcements
- Thank you Samaritan Friends
- Current funding opportunities.

Because we are in that area of "lower efficiencies of scale", "doughnut hole" of our growth (between 7000-10,000 hours), we are in need of more fund raising to make ends meet. We welcome your participation, your sharing and, if you wish, your serving. Feel free to call me if you have gifts you want to share and would like to explore how.

Thank you, John Ortmeier

Board News

Welcome Clark Cannon as the newest member to the Board of Directors. We are excited to have you "on board" and hope our journey together as visionaries for the future growth and development of the Samaritan Center of North Puget Sound will be a rewarding and life enriching experience for you.

Clark is an Operations Manager in charge of Sales for a Seattle Based Golf store. He brings new energy and excitement for planning the 2010 fund raising event and offers a fresh view of Center Visioning. He is a member of Everett First Presbyterian Church and we are grateful for his commitment.

We have asked the board members to submit a biography to help our readers get a feel for the board membership as a whole. This month we feature Carl Knappe.

C F Knappe is an attorney practicing law in Snohomish, Washington. He has both an undergraduate and law degree from Willamette University.

He is an elder with the Snohomish First Presbyterian Church and has served as a board member for Deaconess Children's Services. He has also served in an official capacity as an attorney for Snohomish County Public Hospital District # 1. City attorney for the City of Monroe and for other municipal organizations.

Carl's wife Caryl Conley-Knappe is a teacher for Aim High, the Snohomish Alternative High School. They have two adult daughters, Alyson and Rachel, and now have three grandchildren. A number of years back, Caryl worked as an administrative assistant for John Ortmeier and over the years Carl and Caryl have sought to support the mission of the Samaritan Counseling Center.

Thank you Carl and we all share a deep sense of gratitude for the wisdom, humor and sense of responsibility that you bring monthly to the board meetings.

Staff News

It is interesting to see the dynamics in the offices where there are both male and female therapists. Often the clients have a preference but it is more a personal preference than a gender preference. Some men prefer to see a female and visa versa. Our office staff are always amazed how specific the clients desires are when trying to find a therapist. We often refer by location preferences and by insurance coverage. How to find the best therapist is a very individual process.

Fund Raising News

We are on a roll...We have two committees working on separate fund raisers. First, our Silent Samaritan Women's Fund. This group has a fabulous luncheon planned for May with a great story teller, writer and illustrator, Ray Buckley. When you see and hear his books I am sure you will be delighted.

Second, we have a group that are planning a fall fund raiser that is sure to be a crowd pleaser. The teams are filled with creative and energetic members with a true heart for our ministry. Stay tuned for more information as it develops.

Financial News

How does the economy affect the Center? I get asked quite frequently how the Center is affected.

Purely my personal opinion, but the number of clients continues to grow, amount of gifts and donations have seen a downward trend, and insurance companies seem to be reimbursing less and less.

The Center closed the year with a loss of over \$4,000.00. Our staff continue to be very cautious with expenses and the office runs very efficiently as well.

I hope to see our fund raisers this year provide some funding for the Women and lower income clients coming to the Center for help.

I am truly blessed to work with the most generous, and loving people I have ever met.

Thanks, Carrie

STATISTICS FOR 2009
SAMARITAN COUNSELING CENTER of
North Puget Sound

Total Client Hours of Service: 7682

Mission Gifts/Donations of Service in Ministry given to clients:

Low Income Range

via Storehouse Subsidies \$ 912

Used to subsidize therapist fee to minimum \$50/session on behalf of low-income clients whose fee may range from \$5-\$49.

Low Income Women via Silent Samaritan

Women's Fund \$ 1,001

Used to subsidize therapist fee on behalf of low-income clients whose fee may range from \$0-\$49.

Middle Income Range

via Agency Subsidies \$ 80,271

Therapists accept an agreed upon fee as a part of their ministry based upon family income and financial circumstances.

Mission Gifts/Donations

"In-Kind" to the agency from:

Churches for donation of

Space/Heat/Lights \$ 123,230

Offices range in number, size and availability at each facility.

Staff receives no benefits \$ 152,774

Health Insurance, Retirement, paid sick/vacations, etc.)

If paid at Presbytery range of Benefits, add 1/3 salaries)

2009 Compensation – \$ 462,951

Gifts/Donations to the agency from:

Specific Program Gifts \$ 3,648

Presbytery, Churches and Community \$ 16,249

Annual Auction Fund Raising \$ 3,483

- - - - - Average Fee Charged Per Hour \$ 121.64

Average Fee Collected Per Hour \$ 77.52

Average Cost Per Hour \$ 82.28

- - - - - *Where do the people come from?*

CLIENT STATISTICAL INFORMATION FOR 2009

Clients (609 families/individuals/couples) came to the Center from as far away as Kent in the south, Sedro Woolley in the north, Friday Harbor in the west, and Spokane in the east.

Faith Groups included: Catholic 37, Presbyterian 31, Christian 27, Community 24, Lutheran 21, Baptist 17, United Methodist 13, Four Square 7

With Assembly of God, Covenant, Congregational, Episcopal, Evangelical, Free Methodist, Jehovah's Witness, Mormon, Muslim, Nazarene, Non Denominational, & Protestant each having 1-6.

Those who stated: No Faith Group - 276.

Keeping our main focus is vital to our continued success

Our mission outreach continues to offer Professional Christian Counseling to those with no faith group or church affiliation.

How do people find our Center?

Referral Sources:

Insurance/EAP 134, Physician/Nurse 56, Former Clients 23, Self Ref'd 110, Returning Clients 33, Counselor 21, Family & Friends 63, Pastor or Church 23, Other Agency 18

The Center receives clients from many referral sources including: Attorneys/Court, Brochures, Church Bulletins, Local Hospitals, Schools/Colleges, Classes/Workshops, Speaking Engagements, as well as the internet via our web site: **samaritannps.com**

Why did the people come?

Presenting Problem:

Depression	182	Divorce	35
Anxiety	165	Alcohol Abuse	29
Marriage	91	Abuse	24
Anger	69	Grief	21
Relationship	51	Leaving Home	20
Family of Origin	45	Parenting	20
Family/Nuclear	36	Child	19
Sexual Abuse	18		

With abandonment, ADD/ADHD, abuse (sexual), ACOA, adolescent, adjustments to life changes, affair, anorexia, bi-polar, blended families, bulimia, child's drug use, claustrophobia, co-dependency, communication, court/legal, death and loss, drugs, eating disorder, gambling addiction, identity or sexuality, loss not due to death, money, oppositional disorder, pre marriage, PTSD, retirement, remarriage, risk assessment, schizophrenia, school, separation, sexual addiction, sexuality, sleep, somatic symptoms, spirituality, stress, suicide ideation, trauma and vocation or employer issues. 1-17.



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Thank you for your gifts

We are grateful for your continued support. Your gifts help to finance our clients with reduced fees. Persons with challenges and obstacles to overcome, seek and receive the needed guidance and healing in order to discover or rediscover joy and peace in their lives. Thank you to: C F Knappe, R & M Ward, J & F Ortmeyer, R. Ortmeyer L. Nelson, H & D Robinett, N & M Hersch, K & B Summers, D. & G. Sandvick, C. & A. Hamack, R. Phelps, D. Wick, M. Clemens, UMC Women, Friday Harbor Presbyterian Church, Cedar Cross United Methodist Church, North Creek Presbyterian Church, First Presbyterian Church of Everett, Snohomish First Presbyterian Church, Lake Forest Park Presbyterian Women, Cottage Lake Presbyterian Church, Snohomish Kiwanis, Presbytery of North Puget Sound, Wa. State employees, Boeing Employees, Gifts designated through United Way and the Wa. State Combined Fund, and to our many anonymous donors. Thank you for your generosity.

Visa, Master Card or Discover accepted.
Call our Central Office for assistance in making your gift .

In memory, and out of Fondness and Friendship

As you may recall, the Samaritan Center Board adopted by-laws for, and set up, an Endowment fund in 2006 so that the memories of some of our dearest could be honored in a special way that would be pleasing to them.

A wonderful way to note their love and devotion to a man who loved deeply the mission of the Center and never tired of promoting the importance of reaching out and caring for those in our community that are in need of help and healing. In honor of your beloved friend, Neal Kuyper we extend our gratitude to you for your recent gifts and appreciate your devotion to securing the future of the Center and it's continued mission.

Visit Our Website
samaritannps.com

Thanks to Sandy Ball for updates & maintenance of our site: